

2021-22 ILH GIRLS CROSS COUNTRY ALL STARS**RUNNER OF THE YEAR**

NAME	GRADE	TEAM
Malia Dickhens	12	PUN

COACH OF THE YEAR

NAME	TEAM
Duncan Macdonald	PUN

FIRST TEAM

NAME	GRADE	TEAM
Kiemi Paresa	9	HAN
Caley Chun	11	HBA
Ashley Kodama	11	HBA
Madison Murata	10	KSK
Lauren Saunders	12	PUN
Isabella Ford	11	PUN
Sasha Iizuka-Sheeley	11	PUN

SECOND TEAM

NAME	GRADE	TEAM
Saige Miller	9	HAN
Cynthia Watanabe	12	IOL
Emma Wharton-Hsieh	11	IOL
Elena Piette	11	LJA
Sophia May	9	MPI
Katie Blair	10	PUN
Elise Wong	10	PUN

2021-22 ILH BOYS CROSS COUNTRY ALL STARS**RUNNER OF THE YEAR**

NAME	GRADE	TEAM
Connor Malingier	12	HBA

COACH OF THE YEAR

NAME	TEAM
Duncan Macdonald	PUN

FIRST TEAM

NAME	GRADE	TEAM
Cole Kaneshiro	10	IOL
Keane Palmer	10	IOL
Devin Pang	10	IOL
Parker Wagnild	12	MPI
Jordan Furuta	12	PUN
Caden Lombard	12	PUN
Benjamin Brown	10	PUN

SECOND TEAM

NAME	GRADE	TEAM
Connor Miller	12	HAN
Maika Gibson	12	KSK
Ocean Nakamitsu	12	KSK
Aspen-Shay Kane	11	KSK
Peter Lowell	10	MS
Joshua Dutton	12	PUN
Nicholas Pugliese	11	PUN