

2022-23 ILH GIRLS CROSS COUNTRY ALL STARS**RUNNER OF THE YEAR**

NAME	GRADE	TEAM
Isabella Ford	12	PUN

COACH OF THE YEAR

NAME	TEAM
Shelby Tanaka	HBA

FIRST TEAM

NAME	GRADE	TEAM
Saige Miller	10	HAN
Caley Chun	12	HBA
Ashley Kodama	12	HBA
Emma Wharton-Hsieh	12	IOL
Maila Healing	11	IOL
Sophia May	10	MPI
Sasha Iizuka-Sheeley	12	PUN

SECOND TEAM

NAME	GRADE	TEAM
Kiemi Paresa	10	HAN
Christina Toyomura	12	HBA
Madison Callo	11	HBA
Logan Pang	9	IOL
Madison Murata	11	KSK
Audrey Zwicker	9	LJA
Noelle Lezy	11	PUN