

**2022-23 ILH TRACK & FIELD ALL-STARS**

**BOYS**

POSITION	NAME - GRADE	TEAM
Athlete of the Year	Shane Kawakami-Williams 12	HBA
POSITION	NAME	TEAM
Coach of the Year	Alexander Fonseca	STL
FIRST TEAM		
EVENT	NAME - GRADE	TEAM
100m Dash	Shane Kawakami-Williams 12	HBA
200m Dash	Kainoa Ronquilio 12	PUN
400m Dash	Shane Kawakami-Williams 12	HBA
800m Dash	Devin Pang 11	IOL
1500m Run	Benjamin Brown 11	PUN
3000m Run	Keane Palmer 11	IOL
110m Hurdles	Tai Demura-Devore 11	PUN
300m Hurdles	Sytn Lasconia 10	STL
Shot Put	Kealikuopono Dikilato 12	KSK
Discus	Kealikuopono Dikilato 12	KSK
Long Jump	Josiah Fetui 11	STL
Triple Jump	Josiah Fetui 11	STL
High Jump	William Reed 12	STL
Pole Vault	Titus Gibson 11	KSK
4 x 100m Relay	Ean Kamau-Waikiki 12	PUN
4 x 100m Relay	Travis Ross 12	PUN
4 x 100m Relay	Luke Sonson 12	PUN
4 x 100m Relay	Justice Wu 12	PUN
4 x 400m Relay	Jahren Altura 9	STL
4 x 400m Relay	Casey Connell 12	STL
4 x 400m Relay	Josiah Fetui 11	STL
4 x 400m Relay	Sytn Lasconia 10	STL
4 x 800m Relay	Joshua Kobayashi 11	PUN
4 x 800m Relay	Michael May 12	PUN
4 x 800m Relay	Brandt Mooney 12	PUN
4 x 800m Relay	Cody Nagamine 11	PUN
SECOND TEAM		
EVENT	NAME - GRADE	TEAM
100m Dash	Sytn Lasconia 10	STL
200m Dash	William Reed 12	STL
400m Dash	Kainoa Ronquilio 12	PUN
800m Dash	Andrew Lovell 11	PUN
1500m Run	Michael Joshua Price 11	STL
3000m Run	Cole Kaneshiro 11	IOL
110m Hurdles	Theolease (Jazz) Priester 12	IOL
300m Hurdles	Theolease (Jazz) Priester 12	IOL
Shot Put	Joshua Sagapolutele 12	STL
Discus	Blaze Hedani 10	IOL
Long Jump	Bryson Pataray 11	STL
Triple Jump	Asher Matsui 12	IOL
High Jump	Ayndra Uperesa-Thomas 11	PUN
Pole Vault	Alexander Yuen 12	PUN
4 x 100m Relay	Jahren Altura 9	STL
4 x 100m Relay	Nick Delgadillo 12	STL
4 x 100m Relay	Anakalea Monteilh 12	STL
4 x 100m Relay	William Reed 12	STL
4 x 400m Relay	Mason Tucker 12	PUN
4 x 400m Relay	Zachary White 12	PUN
4 x 400m Relay	Noa Wong 11	PUN
4 x 400m Relay	Justice Wu 12	PUN
4 x 800m Relay	Ethan Do 11	IOL
4 x 800m Relay	Franklin Hung 11	IOL
4 x 800m Relay	Ari Rosen 12	IOL
4 x 800m Relay	Noah Wakabayashi 11	IOL

**GIRLS**

POSITION	NAME - GRADE	TEAM
Athlete of the Year	Tatum Moku 12	KSK
POSITION	NAME	TEAM
Coach of the Year	David Friedemann	KSK
FIRST TEAM		
EVENT	NAME - GRADE	TEAM
100m Dash	Malia-Rose Harvey 10	MS
200m Dash	Mia Shepard 11	IOL
400m Dash	Mia Shepard 11	IOL
800m Dash	Kelsey Carvill 11	LJA
1500m Run	Ashley Kodama 12	HBA
3000m Run	Ashley Kodama 12	HBA
100m Hurdles	Tatum Moku 12	KSK
300m Hurdles	Tatum Moku 12	KSK
Shot Put	London Barboza 10	KSK
Discus	Brooke Naniseni 12	IOL
Long Jump	Tatum Moku 12	KSK
Triple Jump	Lauie'a Ah Mook Sang 11	PUN
High Jump	Charil Kennedy 10	LJA
Pole Vault	Tatum Moku 12	KSK
4 x 100m Relay	Xehlia Salanoa 11	PUN
4 x 100m Relay	Xevani Salanoa 12	PUN
4 x 100m Relay	Kelsey Ann Sato 11	PUN
4 x 100m Relay	Emily Sparks 9	PUN
4 x 400m Relay	Dalen Lau 12	PUN
4 x 400m Relay	Kylie Moniz 12	PUN
4 x 400m Relay	Xevani Salanoa 12	PUN
4 x 400m Relay	Nala Stojadinovic 11	PUN
4 x 800m Relay	Daisy Figueira 12	KSK
4 x 800m Relay	Jordyn Koki 12	KSK
4 x 800m Relay	Madison Murata 11	KSK
4 x 800m Relay	Shaina Wandasan 12	KSK
SECOND TEAM		
EVENT	NAME - GRADE	TEAM
100m Dash	Kelsey Ann Sato 11	PUN
200m Dash	Malia-Rose Harvey 10	MS
400m Dash	Jordan Davenport 12	HBA
800m Dash	Ashley Kodama 12	HBA
1500m Run	Isabelle Ford 12	PUN
3000m Run	Caley Chun 12	HBA
100m Hurdles	Nala Stojadinovic 11	PUN
300m Hurdles	Nala Stojadinovic 11	PUN
Shot Put	Kathleen Patiola Uluave 11	PUN
Discus	Bethani Kaleleiki 10	KSK
Long Jump	Kelsey Carvill 11	LJA
Triple Jump	Kiani Panoke 12	MS
High Jump	Alexis King 12	IOL
Pole Vault	Siena Jacobson 11	IOL
4 x 100m Relay	Malia-Rose Harvey 10	MS
4 x 100m Relay	Mia Hironaka 12	MS
4 x 100m Relay	Brooke Kimura 12	MS
4 x 100m Relay	Zoe Silva 9	MS
4 x 400m Relay	Peyton Basilio 10	IOL
4 x 400m Relay	Maila Healing 11	IOL
4 x 400m Relay	Mia Shepard 11	IOL
4 x 400m Relay	Renn Tanitomi 11	IOL
4 x 800m Relay	Maya Buchanan 12	IOL
4 x 800m Relay	Nina Chang 11	IOL
4 x 800m Relay	Grace Fujii 11	IOL
4 x 800m Relay	Brooke Jones 10	IOL