

2023-24 ILH TRACK & FIELD ALL-STARS

BOYS

| POSITION | NAME | TEAM |
|---------------------|-------------------|------|
| Athlete of the Year | Josiah Fetui 12 | STL |
| POSITION | NAME | TEAM |
| Coach of the Year | Alexander Fonseca | STL |

FIRST TEAM

| EVENT | NAME - GRADE | TEAM |
|----------------|------------------------------------|------|
| 100m Dash | Jahren Altura 10 | STL |
| 200m Dash | Jahren Altura 10 | STL |
| 400m Dash | Maximilian Even 12 | PUN |
| 800m Dash | Keon Preusser 11 | IOL |
| 1500m Run | Benjamin Brown 12 | PUN |
| 3000m Run | Benjamin Brown 12 | PUN |
| 110m Hurdles | Tai Demura-Devore 12 | PUN |
| 300m Hurdles | Sytn Lasconia 11 | STL |
| Shot Put | Kalei Harbottle 10 | KSK |
| Discus | Blaze Hedani 11 | IOL |
| Long Jump | Josiah Fetui 12 | STL |
| Triple Jump | Josiah Fetui 12 | STL |
| High Jump | Josiah Fetui 12 | STL |
| Pole Vault | Kealakalehuaonakai`ewalu Utsuki 10 | PUN |
| 4 x 100m Relay | Maddan-Rush Ahuna 9 | STL |
| 4 x 100m Relay | Jahren Altura 10 | STL |
| 4 x 100m Relay | Braeden Heresa 11 | STL |
| 4 x 100m Relay | Sytn Lasconia 11 | STL |
| 4 x 400m Relay | Maddan-Rush Ahuna 9 | STL |
| 4 x 400m Relay | Amar Brooks 10 | STL |
| 4 x 400m Relay | Magnus Ochoco 11 | STL |
| 4 x 400m Relay | Michael Joshua Price 12 | STL |
| 4 x 800m Relay | Landon Dimaya 11 | STL |
| 4 x 800m Relay | Michael Joshua Price 12 | STL |
| 4 x 800m Relay | Andrew Robello 10 | STL |
| 4 x 800m Relay | Lawrence Robello 10 | STL |

SECOND TEAM

| EVENT | NAME - GRADE | TEAM |
|----------------|----------------------------|------|
| 100m Dash | Sytn Lasconia 11 | STL |
| 200m Dash | Maximilian Even 12 | PUN |
| 400m Dash | Amar Brooks 10 | STL |
| 800m Dash | Nathan Ewing 12 | PUN |
| 1500m Run | Spencer Lyau 11 | IOL |
| 3000m Run | Spencer Lyau 11 | IOL |
| 110m Hurdles | Boston Thomas 11 | PUN |
| 300m Hurdles | Maddan-Rush Ahuna 9 | STL |
| Shot Put | William Saelua 12 | KSK |
| Discus | Kauna`oa Kamakawiwo`ole 12 | STL |
| Long Jump | Agenhart Ellis 12 | PUN |
| Triple Jump | Agenhart Ellis 12 | PUN |
| High Jump | Dane Kellner 10 | PUN |
| Pole Vault | Nicson Alapai 12 | KSK |
| 4 x 100m Relay | Astin Hange 12 | PUN |
| 4 x 100m Relay | Kyle Hu 11 | PUN |
| 4 x 100m Relay | Noah Macapulay 12 | PUN |
| 4 x 100m Relay | Kyler Matsui 11 | PUN |
| 4 x 400m Relay | Luke Hendricks 11 | IOL |
| 4 x 400m Relay | Michael Kostecki 12 | IOL |
| 4 x 400m Relay | Devin Pang 12 | IOL |
| 4 x 400m Relay | Keon Preusser 11 | IOL |
| 4 x 800m Relay | Samuel Barringer 11 | PUN |
| 4 x 800m Relay | Nathan Ewing 12 | PUN |
| 4 x 800m Relay | Joshua Kobayashi 12 | PUN |
| 4 x 800m Relay | Moses Padwe 11 | PUN |

GIRLS

| POSITION | NAME | TEAM |
|------------------------|------------------------------|------|
| Athlete of the Year | Mia Shepard 12 | IOL |
| POSITION | NAME | TEAM |
| Co-Coaches of the Year | Matthew Imada & Grant Muroda | IOL |

FIRST TEAM

| EVENT | NAME - GRADE | TEAM |
|----------------|------------------------|------|
| 100m Dash | Mia Shepard 12 | IOL |
| 200m Dash | Mia Shepard 12 | IOL |
| 400m Dash | Mia Shepard 12 | IOL |
| 800m Dash | Kelsey Carvill 12 | LJA |
| 1500m Run | Maila Healing 12 | IOL |
| 3000m Run | Saige Miller 11 | HAN |
| 100m Hurdles | Destiny Look 10 | MPI |
| 300m Hurdles | Destiny Look 10 | MPI |
| Shot Put | Patiola Uluave 12 | PUN |
| Discus | Tuitele Sinalei 9 | KSK |
| Long Jump | Destiny Look 10 | MPI |
| Triple Jump | Avalee McGuire 9 | KSK |
| High Jump | Charli Kennedy 11 | LJA |
| Pole Vault | Kaya-Alani Smith 10 | PUN |
| 4 x 100m Relay | Meigan Li 12 | PUN |
| 4 x 100m Relay | Haley-Scott Recarte 11 | PUN |
| 4 x 100m Relay | Kelsey Ann Sato 12 | PUN |
| 4 x 100m Relay | Emily Sparks 10 | PUN |
| 4 x 400m Relay | Peyton Basilio 11 | IOL |
| 4 x 400m Relay | Chelsea Lee 10 | IOL |
| 4 x 400m Relay | Mia Shepard 12 | IOL |
| 4 x 400m Relay | Renn Tanitomi 12 | IOL |
| 4 x 800m Relay | Sarah Asato 9 | IOL |
| 4 x 800m Relay | Peyton Basilio 11 | IOL |
| 4 x 800m Relay | Khloe Muromoto 10 | IOL |
| 4 x 800m Relay | Kerys Palmer 10 | IOL |

SECOND TEAM

| EVENT | NAME - GRADE | TEAM |
|----------------|-------------------------|------|
| 100m Dash | Malia-Rose Harvey 11 | MS |
| 200m Dash | Malia-Rose Harvey 11 | MS |
| 400m Dash | Maliana Malaythong 11 | PUN |
| 800m Dash | Noelle Lezy 12 | PUN |
| 1500m Run | Sydney Moore 9 | CA |
| 3000m Run | Bella Alo 9 | KSK |
| 100m Hurdles | Nala Stojadinovic 12 | PUN |
| 300m Hurdles | Nala Stojadinovic 12 | PUN |
| Shot Put | London Barboza 10 | KSK |
| Discus | Patiola Uluave 12 | PUN |
| Long Jump | Tuitele Sinalei 9 | KSK |
| Triple Jump | Laule'a Ah Mook Sang 12 | PUN |
| High Jump | Skylyn Moore 10 | MS |
| Pole Vault | Charli Kennedy 11 | LJA |
| 4 x 100m Relay | Olena Kuhau-Liftee 9 | KSK |
| 4 x 100m Relay | Ava Lau 9 | KSK |
| 4 x 100m Relay | Avalee McGuire 9 | KSK |
| 4 x 100m Relay | Tuitele Sinalei 9 | KSK |
| 4 x 400m Relay | Noelle Lezy 12 | PUN |
| 4 x 400m Relay | Maliana Malaythong 11 | PUN |
| 4 x 400m Relay | Emily Sparks 10 | PUN |
| 4 x 400m Relay | Nala Stojadinovic 12 | PUN |
| 4 x 800m Relay | Eliana Chingcuangco 9 | HAN |
| 4 x 800m Relay | Abigail Cunningham 9 | HAN |
| 4 x 800m Relay | Avrie Miller 9 | HAN |
| 4 x 800m Relay | Saige Miller 11 | HAN |