

2024-25 ILH BOYS CROSS COUNTRY ALL-STARS**RUNNER OF THE YEAR**

NAME	GRADE	TEAM
Aidan Bowers	12	PUN

COACH OF THE YEAR

NAME	TEAM
Jack Kuo	IOL

FIRST TEAM

NAME	GRADE	TEAM
Braiden Baquero	9	HAN
Xan Waialeale	12	HBA
Codey Chun	11	HBA
Spencer Lyau	12	IOL
Ian Kawamura	11	IOL
Chase Yamashita	9	IOL
Griffin Chen	12	PUN

SECOND TEAM

NAME	GRADE	TEAM
Madan Abe	10	HBA
Owen Banks	12	IOL
Nicolas Moses	11	IOL
Qairio Soares	9	KSK
Avery Zecha	12	PUN
James Barlag	11	PUN
Wes Yamaguchi	11	PUN